

South Jersey XC SHOOTOUT

We're going all out to celebrate!

DATE: Saturday, Sept. 12, 2026
LOCATION: Gloucester County DREAM Park, Logan Twp
Meet Website: www.sjxcshootout.com



Meet records:

Miles Schoedler	Ocean City HS	15:40.0	2010
Isabella Turner	Shawnee HS	17:52.89	2021

Schedule:

Middle School Girls	1.72 miles	8:30am	
Middle School Boys	1.72 miles	9:00am	
<i>Middle School Awards Ceremony</i>			9:30am
Freshman Championship Girls Green Race	4k	9:30am	
Freshman Championship Boys Green Race	4k	10:00am	
<i>Fresh Races Awards Ceremony</i>			10:35am
Herb Lorenz Gold Race Championship Race Girls	5k	10:30am	
Herb Lorenz Gold Race Championship Race Boys	5k	11:00am	
<i>Gold Races Awards Ceremony</i>			11:35am
Red Race-Open Girls	5k	11:30am	
Red Race-Open Boys	5k	12:00pm	



German Bib Chip Timing – Mile Splits – Digital Scoreboard Finish Line

Goodie Bag for all Coaches. (Plenty of surprises)

Gold Championship Race Max. 10 entries per team.
 Freshman Championship Race will also be scored as a team (3 runners).

Awards: High School:

Gold Championship race: Watches to top 3 individuals. Medals 4th-20th. Team award – plaques to top 3 teams. Watches to top team (7 runners). Award to top coaches. **Pullover jackets to race winner and winning coach in team races.**
 Freshman Championship Race: Medals to top 20 finishers. Plaques to top team. Award to top coaches.
 Red Race - Medals to top 20 finishers in each race.
 Middle School - Medals to top 25 in each race. Plaque to top 3 teams (min. 5 runners)

Entries:

High School: \$15 per person or \$400 max team entry fee per gender.
You must declare what race each athlete is in. Once meet is closed you cannot move athletes between Races
Middle School Individual entries: \$15 per runner (MAX \$225) per gender
Please only enter athletes that are going to run to help keep bib chip costs down.



Deadline:

Wed., Sept. 9, 2026 at 11:59pm. **NO EXCEPTIONS.**
 All teams must register using online entry through nj.milesplit.com
Make checks payable to: TUFFGANGRUNNING
Mail Checks & Entry Forms to: Ringo Adamson, Meet Director
 112 Nursery Drive
 Glassboro, NJ 08028

Questions:

Contact Ringo Adamson (856) 904-3543 or e-mail: tuffgangrunning@yahoo.com

2026
South Jersey Cross Country Shootout
Entry Form

School: _____

Coaches e-mail address: _____ Cell Phone: _____

Make Check Payable to Tuffgangrunning

	<u># of Entries</u>		
High School Boys	_____	x \$15 =	_____ (\$400 Max)
High School Girls	_____	x \$15 =	_____ (\$400 Max)
Middle School Boys	_____	x \$15 =	_____ (\$225 Max)
Middle School Girls	_____	x \$15 =	_____ (\$225 Max)
Total			\$_____